

CW Resources Senior Community Café

MENU ITEMS
SUBJECT TO CHANGE

1% or Skim milk provided
Margarine available

July Menu 2021



SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>5</u>	<u>6</u>	<u>7</u> 	<u>8</u> Happy Birthday	<u>9</u>
<u>12</u> Grape Juice Grilled Orange Chicken Orange Sauce Sesame Noodles Winter Blend Veggies Whole Wheat Bread Tropical Fruit Cup	<u>13</u> Shells Meat Sauce Green Beans Italian Bread Pineapple Chunks	<u>14</u> Chef Salad with LS Ham, LS Turkey, HB Egg, Cheese, Tomato, Cucumber, Lettuce Italian Dressing Breadstick Mango Chunks	<u>15</u> Pineapple Orange Juice Shepards Pie with Beef, Mashed Potato, Corn Scandinavian Veggies 12 Grain Bread Chocolate Chip Cookies	<u>16</u> Orange Juice Slow Cooked Pork in Pan Gravy Roasted Herb Potatoes Squash Medley Dinner Roll Raisins
<u>19</u> Apple Juice Pork Riblet BBQ Sauce Corn with Black Beans Cole Slaw Corn Muffin Nilla Wafers	<u>20</u> Cranberry Juice Salisbury Steak LS Mushroom Gravy Sliced Potatoes Carrots Multi Grain Bread Peaches	<u>21</u> Baked Fish Tartar Sauce Buttered Rice with Peas and Mushrooms Stewed Tomatoes Rye Bread Orange	<u>22</u> Macaroni, Tuna and Pea Salad Broccoli and Red Pepper Salad Dinner Roll Fresh Fruit Salad	<u>23</u> Roast Beef Horseradish Sauce Mashed Potatoes Brussel Sprouts 12 Grain Bread Pineapple Chunks
<u>26</u> LS Italian Sausage (mild) Onion and Peppers Rice Pilaf Spinach Club Roll Fruit Cocktail	<u>27</u> Cranberry Juice Meatloaf LS Onion Gravy Mashed Potato Peas and Carrots Peaches	<u>28</u> Spaghetti Sauce Turkey Meatballs Parmesan Cheese Broccoli Italian Bread Cantaloupe	<u>29</u> Apple Juice Hot Dogs Baked Beans Sauerkraut Hot Dog Rolls Mustard Butterscotch Pudding	<u>30</u> Orange Juice Cod Fish with Butter Crumb Topping Broccoli Cheese Rice Green and Yellow Beans Rye Bread Lemon Pudding
				